

## How to be Free from Demonic Oppression

1. Confess, renounce and turn away from all ancestral and personal involvement in the occult, false cults, false religions, perversions etc.
2. Totally forgive every person who has offended or hurt you, release them from your judgment, cast the problem upon the Lord, and pray sincerely and earnestly for their total well-being, *Mk 11:25,26*.
3. Confess all your sins to the Lord. Turn from them. Receive God's forgiveness and cleansing, *1Jn 1:9; Rev 1:5*.
4. Confess and declare your full faith and trust in the Lord Jesus Christ as your Lord and Saviour, *Col 1:13,14; Rom 10:13*.
5. Humble yourself to God. Renounce all pride and self righteousness, *1Pet 5:5,6; Lk 9:23*.
6. Get rid of all things connected with the occult, cults, false religions etc. e.g. books, records, tapes, souvenirs. *Ac 19:18-20*.
7. Claim *Gal 3:13* over your life to break and cut off every curse.
8. Take your stand with God against all Satan's demons, claiming *Heb 2:14; Col 2:15; 1Jn 3:8b; Rev 12:11*.
9. Renounce the spirits and command them to leave you.
10. Consult the leadership of your church for further help and prayer.
11. Ask God to fill you with His Holy Spirit, *Lk 11:13*; and feed on God's Word daily, *Col 3:16*.
12. Resist all temptations to entertain any past involvement with the occult, cults, etc. e.g. through TV shows, magazines, etc.

No 10

## CHRISTIAN LIFE AND WITNESS COURSE

### Study Ten: Spiritual Warfare

#### Introduction

By "spiritual warfare", we mean pushing back the spirits, influences and works of the kingdom of darkness that seek to oppose us as we serve Christ. What is the first step of this warfare? *Jam4:7a* \_\_\_\_\_

After taking the first step, what then? *Jam4:7b* \_\_\_\_\_

In this warfare **we are not fighting to win the battle because that has already been won for us**. Who has already won the battle against Satan and His demons? *Heb 2:14*  
\_\_\_\_\_

How did the Lord Jesus Christ do this? *Col 2:15* (use NIV) \_\_\_\_\_

Why was the Son of God revealed on the earth? *1Jn 3:8b* \_\_\_\_\_

To whom has the victory of the Lord Jesus Christ been given? *1Cor 15:57* \_\_\_\_\_

So our role in this warfare is not to win the battle **but to enforce the victory of the Lord Jesus Christ, in His Name, by His Blood, by His Word, and by the power of the Holy Spirit**. What power and authority has Jesus given us in this warfare? *Lk 10:19*  
\_\_\_\_\_

#### Causes of Demonic Oppression

The Lord Jesus Christ reveals that demons and unclean spirits crave to invade the bodies of human beings and possess them. What is the desire of an unclean spirit that is gone out of a person? *Mat 12:43,44* \_\_\_\_\_

If the unclean spirit returns and finds his former "house" empty, what will he do?

*Mat 12:44,45* \_\_\_\_\_

After the unclean spirit is gone out, what are the 2 things we are to fill our life with?

*Col 3:16; Eph 5:18,19* \_\_\_\_\_

One possible reason why demons and unclean spirits love to invade human bodies may be because they want to defile our bodies. For whom are our bodies to be a temple of dwelling? *1Cor 3:16; 1Cor 6:19* \_\_\_\_\_

Experience reveals that there are 3 main causes for demonic oppression – 3 main basic ways that demons and unclean spirits can use to enter the lives of people and oppress them.

1. **Ancestral sins or curses** We do not fully understand this, but somehow the evil practices, involvement with the occult or false religions by our ancestors and forefathers, can give the devil a foothold into our lives so that later generations can be oppressed. Read *Ex 20:1-6*. What is behind the idols and false gods that people worship? *1Cor 10:19,20* \_\_\_\_\_

When a family, from generation to generation, worships and serves false gods they will be oppressed by demonic influences, but when a person repents, surrenders their life to Jesus Christ as Lord and Saviour, what happens to the demonic spirits? *Ac 8:7* \_\_\_\_\_

What Spirit do Christians receive? *Ac 2:38,39* \_\_\_\_\_

When a person repents and turns to Christ what power are they released from and what kingdom do they enter? *Col 1:13* \_\_\_\_\_

2. **Personal Sins** Our own involvement with false religions, the occult etc. can allow demons into our lives to oppress us. What are we to do with idols and “false gods” when we turn to Christ? *Deut 7:25,26* \_\_\_\_\_  
What is the way the new believers dealt with occult material in *Ac 19:18-20*? \_\_\_\_\_

3. **Childhood Experiences** Sometimes demons enter into the lives of people through some traumatic experiences during their childhood. A man brought his son to Jesus, *Mk 9:17*. His son had demonic manifestations, *Mk 9:20*. What was the Jesus’ question and the father’s answer? \_\_\_\_\_

What did Jesus do? *Mk 9:25,26* \_\_\_\_\_

### Symptoms of Demonic Oppression

The symptoms are too numerous to list, but could include excessive depression, suicidal desires, uncontrollable habits, continual fears, inability to pray, read the Bible or worship, sinful compulsions etc. What is the first step to freedom? *Jam 4:7a* \_\_\_\_\_

What are other necessary steps? *Jam 4:8* \_\_\_\_\_

Another important thing to do is? *Jam 4:10* \_\_\_\_\_

Also ask for help from others, who in particular? *Jam 5:14* \_\_\_\_\_

### Deliverance – A Major Part of Jesus Christ’s ministry

The gospels record many instances of Jesus confronting demons and unclean spirits in people, casting them out and setting the poor souls free. Please look up the following and mention who was set free.

*Mat 9:32,33* \_\_\_\_\_

*Mat 9:28-32* \_\_\_\_\_

*Mat 12:22,23* \_\_\_\_\_

*Mat 15:22-28* \_\_\_\_\_

This ministry is called “Deliverance Ministry.” Jesus set the example by performing this ministry regularly throughout His time on earth. What was the ministry of Jesus?

*Ac 10:38* \_\_\_\_\_

What does it say in *1Jn 3:8b*? \_\_\_\_\_

Besides doing this Himself, who did Jesus commission to perform this ministry? *Lk 9:1* \_\_\_\_\_

Who else did Jesus send out? *Lk 10:1* \_\_\_\_\_

What was their experience? *Lk 10:17* \_\_\_\_\_

What did Jesus say to the 70 He sent out, in *Lk 10:19*? \_\_\_\_\_

What does God expect of all believers today, regarding this wonderful ministry, according to *Mk 16:15-18*? \_\_\_\_\_

### Rise of Demonic Oppression in the Last Days

One of the reasons Jesus commands us to go out and set people free from demonic oppression and cast out unclean spirits, is because He knew that in the last days there would be a rise of occult practices which in turn will result in greater demonic oppressions and bondages. What does the Holy Spirit say will happen in the last days?

*1Tim 4:1* \_\_\_\_\_

When the sixth angel pours out his bowl or vial of God’s wrath, *Rev 16:12*, what will be the effect of the evil spirits upon the kings of the earth? *Rev 16:14* \_\_\_\_\_

In the time of the antichrist or lawless one, how will Satan be at work? *2Thes 2:9* \_\_\_\_\_

What was Jesus’ main warning about the approach of the last days? *Mat 24:4,5,11* \_\_\_\_\_

During the fall of the antichrist world system called “Babylon”, *Rev 18:2*, what is it that characterises its fallen state? *Rev 18:2* \_\_\_\_\_